

## Selecting a Quality Addiction Treatment Program

The questions in this brochure are offered to help guide and assist the consumer in selecting a quality addiction treatment program.

By asking questions like these of a prospective program you might be working with - you can gain a great deal of insight into how they operate and what their approach is to addiction treatment.

How a program responds can help the consumer determine if there is a good fit between the program and the prospective client/patient.

The Palm Beach County Medical Society does not endorse any particular program but merely offers these suggested questions as a means to gather more information so the consumer can make an informed decision.



Prepared by the Palm Beach County  
Medical Society Opioid Healthcare  
Response Initiative Task Force



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## Addiction Treatment Center Checklist

Things to know when selecting a quality addiction treatment program



A Guide for Patients, Families and Friends

## LEARNING ABOUT THE TREATMENT CENTER

### **Ask** the Facility Director/Manager:

- ✓ Is it State Licensed and in compliance with state regulations and laws?
- ✓ Is it under the direct supervision of a licensed Medical Director, ideally Board Certified, Licensed in Psychiatry and/or ABAM/ASAM?
- ✓ Is it Accredited by a recognized agency, i.e. The Joint Commission, CARF, FARR, etc.?



### **Do they:**

- ✓ Provide counseling, training and advice in health and medical issues by qualified, licensed clinicians?
- ✓ Provide an Evaluation of their patients' needs for an in-depth mental health assessment?
- ✓ Conduct Criminal Background checks and drug screen employees?
- ✓ Provide or coordinate the full continuum of care (detox to sober living)?

## LEARNING ABOUT THE TREATMENT CENTER

### **Do they:**

- ✓ Offer access to and/or the ability to attend group support meetings such as Alcohol Anonymous and Narcotics Anonymous?
- ✓ Provide Life Skills Training?
- ✓ Provide Substance Use Disorder education?
- ✓ Promote a strong recovery rate, low relapse rate and a method of tracking patient outcomes?
- ✓ Routinely drug tests their patients using outside labs as determined by a physician?
- ✓ Have a policy for patients testing positive for illegal substances while in treatment?
- ✓ Advise the patient of the financial responsibility, and is the patient aware of copays, deductibles and out of pocket charges?
- ✓ Maintain patient records as confidential and protected under U.S. HIPAA and Hi-tech laws?



## TAKE A TOUR /VIEW THE FACILITY

### **Confirm** with the Facility Director/Manager:

- ✓ If Residential patients are tested for communicable diseases and Tuberculosis?
- ✓ If Residential patients are provided with properly credentialed, (RNs) on-site, wide awake staff 24/7?
- ✓ If the Residential patients are provided with recreational activities?
- ✓ If the Residential patients are provided with healthy food and beverages?
- ✓ If there is an Emergency Operations Plan ?
- ✓ (View) If the Center's buildings, grounds and facilities are clean and well maintained?
- ✓ (View) If the Center's Hours of Operation *and Toll Free "Hotline"* to report suspected fraud, abuse, waste, and any grievance is posted and in clear sight?

**For resources and for more information go to:**

<https://www.pbcms.org/opioid-addiction-treatment-resources>

