PROBABILITY OF SAMPLE OUTCOMES GIVEN 100 AMERICANS

Average Life Span is Twenty Years Less

33
Report No ACEs

↓

WITH 0 ACEs
1 in 16 smokes
1 in 69 are alcoholic
1 in 480 uses IV drugs
1 in 14 has heart disease
1 in 96 attempts suicide

51
Report 1-3 ACEs

↓

WITH 3 ACEs
1 in 9 smokes
1 in 9 are alcoholic
1 in 43 uses IV drugs
1 in 7 has heart disease
1 in 10 attempts suicide

16
Report 4-8 ACEs

↓

WITH 7+ ACEs
1 in 6 smokes
1 in 6 are alcoholic
1 in 30 uses IV drugs
1 in 6 has heart disease
1 in 5 attempts suicide

From Dr. Neil Boris